

THROUGH A TRAUMA LENS

1. What might the NON-Trauma Informed system say about this person?

2. TRAUMA EDUCATION STATEMENT:

What we know about trauma is _____ because/to

1.

2.

3.

Example: What we know about trauma is that trauma survivors often started using substances to either prevent feeling greater pain, to feel something, or because it was forced onto them.

3. What would you recommend to do now?