



## Introduction to Trauma Informed Care Online Training Modules

### Module 2: Why is Trauma Informed Care Important?

#### **Suggested questions for consideration and/or discussion**

*After you view the video content for this module, we invite you to use this set of questions for personal reflection, or to guide a group discussion. If you use these questions in a group, we encourage you to also create group agreements pertaining to confidentiality, group dynamics and expectations, and opportunities for follow-up.*

1. What were you most surprised by when the pervasiveness of trauma was discussed?
2. In your industry, how have race and socioeconomic status contributed to trauma impacting individuals differently?
3. Do you believe that trauma informed care is important in your specific work and why?