



Introduction to Trauma Informed Care Online Training Modules

Module 3: Trauma Specific, Trauma Sensitive, Trauma Informed

Suggested questions for consideration and/or discussion

After you view the video content for this module, we invite you to use this set of questions for personal reflection, or to guide a group discussion. If you use these questions in a group, we encourage you to also create group agreements pertaining to confidentiality, group dynamics and expectations, and opportunities for follow-up.

1. What stands out to you about the difference between trauma specific and trauma informed?
2. How is your organization already trauma informed?
3. What steps are you taking to move from trauma sensitive to trauma informed?