

VOCABULARY AND DEFINITIONS

- 1. Active Listening:** Fully concentrating, understanding, responding, and remembering what is being said in a conversation, includes fully engaging with the speaker, maintaining eye contact, nodding, and summarizing their points and ensuring understanding.
- 2. Alternative Participation Methods:** Providing options for people to contribute in ways other than verbal communication, such as writing, emojis, chat, or one-on-one discussions.
- 3. Balanced Perspectives:** Ensuring that diverse viewpoints are represented and valued equally.
- 4. Boundary Setting:** Establishing clear limits and expectations to maintain a safe and respectful environment.
- 5. Celebrating Diversity:** Recognizing and appreciating the differences and unique qualities of people and groups within our communities.
- 6. Coordinated Care Organization (CCO):** An organized entity responsible for coordinating and integrating healthcare services within communities, with a focus on improving health outcomes, reducing disparities, and promoting wellness.
- 7. Confidentiality Guidelines:** Rules and expectations regarding privacy and confidentiality.
- 8. Culturally Just:** Fairness and equality across diverse backgrounds, addressing systemic injustices, promoting inclusivity. (**Also see Equity Centered)
- 9. Emotional Safety:** Creating an atmosphere where individuals feel secure and comfortable expressing their emotions without fear of judgment or harm.
- 10. Empathy and Understanding:** Showing compassion and empathy towards other people's experiences and perspectives.
- 11. Empowerment:** Providing people with the tools, resources, and support needed to have more control over their situations.
- 12. Equity Centered:** Ensuring fairness and impartiality in all interactions, with a focus on addressing systemic disparities and promoting equal opportunities for all. (**Also see Culturally Just)
- 13. Evidence-Based Recruitment Strategies:** Using methods and approaches supported by research and evidence to attract diverse participants to meetings.
- 14. Inclusive Participation:** Encouraging and facilitating the involvement of all individuals, regardless of background or identity.
- 15. Monopolizing Conversations:** A communication bottleneck when one individual dominates discussions, preventing others from participating fully.
- 16. Oversharing:** Sharing an excessive amount of personal information, often inappropriately.
- 17. Privilege:** Unearned advantages or benefits granted to individuals based on their identity or social status.
- 18. Proactive Intervention:** Taking preemptive actions to address issues or concerns before they escalate.
- 19. Recognition of Impact:** Acknowledging the consequences and effects of one's actions or behaviors on others.
- 20. Respectful Dialogue:** Engaging in conversations that are courteous, considerate, and mindful of others' feelings and perspectives.
- 21. Sharing the Floor:** Providing opportunities for everyone to speak and contribute to discussions.
- 22. System of Care (SOC):** A coordinated network of community-based services and supports designed to meet the diverse needs of children, youth, and families, emphasizing family-driven, youth-guided, and culturally and linguistically competent care.
- 23. Transparent Communication:** Open and honest exchange of information and ideas without hidden agendas.
- 24. Trauma-Informed:** Approaching interactions with an understanding of the impact of trauma on individuals' behaviors and responses. Includes understanding there are multiple pathways for healing.
- 25. Underrepresented Communities:** Groups or populations that are not adequately represented or included in decision-making processes or discussions.
- 26. Wellbeing and Support:** Providing resources and assistance to promote the physical, emotional, and mental health of individuals and communities.